

Turning Off Your Computer

The juice is worth the squeeze.

(By juice we mean energy.)



Let's address the hairy tarantula in the room

Turning off your computer every night is annoying!

Duh!

Look at it this way; turning off your computer gains you 15-20 minutes of me-time!

Some time passing suggestions:

- A.) Go get coffee (Personal Enrichment)
- B.) Talk to a coworker (Team building)
- C.) Actually read that read-ahead (Time Management)



Total Task Time (T³)

- 10 - minutes to power on computer
- 7 - minutes to get to CAC login
- 3 - Additional minutes for miscellaneous

20 minutes to cut energy costs

But my software updates



These are going to be more evil than a cat getting a bath, regardless of whether or not you leave your computer on.

True

Your computer needs sleep just as much as you.



And shouldn't it have a vacation when you do?

Oh Alright!

Now that you are on board, let's review:

- STEP 1** - Turn off your computer
- STEP 2** - Unplug the computer/power strip
- STEP 3** - Reduce energy costs
(See now wasn't that easy? Say yes!)

Yes!

Energy costs are paid for out of an overhead operation account that also pays for other things such as labor, training, travel and materials.



It still takes forever

Still not doing it

Why?

Here's some math

Computers On = \$12,500
- Computers Off = \$ 2,500

SAVINGS = \$10,000
(That's per month folks)