

PRESS RELEASE

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First NAVAIR Women's Symposium held at Lakehurst

October 27, 2011: LAKEHURST, NJ – On Wednesday, October 26th, Ms. Kathleen Donnelly, Engineering Director for Support Equipment and Aircraft Launch and Recovery hosted a NAVAIR Women Moving Forward breakfast networking session at Joint Base McGuire-Dix-Lakehurst in Lakehurst, NJ. Attended by about 50 NAVAIR Lakehurst employees, Ms. Donnelly, a member of the NAVAIR Women's Advisory Group, showed a video of a presentation made by Lois P. Frankel, PhD, who was the featured speaker at a similar symposium held at Patuxent River, MD earlier this year. Dr. Frankel presented motivational strategies and ideas for women in the workforce. Following the video, Ms. Donnelly led a group discussion of these strategies and included some personal experiences and ideas for career advancement.

"I felt that it was important for our employees here at Lakehurst to hear the enlightening and motivational words of Dr. Frankel and her book "Nice Girls Don't Just Get It"." said Donnelly. "The program was very successful and highlighted some of the strategies employed by winning women."

Ms. Donnelly then concluded the networking session with two quotes from Eleanor Roosevelt "No one can make you feel inferior without your consent" and "You must do the thing you think you cannot do."

-NAVAIR-

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