

Patuxent River and St. Inigoes employees,

Users of pharmaceuticals are turning to heroin at an alarming rate and include highly educated professionals. You are encouraged to attend the "A Dose of Reality: Prescription Drug and Opiate Misuse in the Workplace" seminar at the Patuxent River Center Stage Theatre on Tuesday, 9 December.

During this three-hour panel discussion, you will learn about:

- the nationwide prescription drug and opiate misuse epidemic and its prevalence in Southern Maryland
- your responsibilities and rights as a manager, supervisor and employee
- strategies to better prepare for and alleviate drug misuse in the workplace

Speakers include NAVAIR leadership; St. Mary's County Sheriff Tim Cameron; Dr. Kathleen O'Brien, Ph.D., of Walden Behavioral Health; St. Mary's County Health Officer Dr. Meenakshi Brewster, MPH; Stephen Baden of Patuxent River Security; and Robin Salanon of the NAWCAD Total Force Strategy & Management Department.

Two sessions will be offered from 0830-1130 and 1230-1530. Choose ONE session to attend. Space is limited; register via NAVAIR University at <https://navairu.navair.navy.mil>.

REGISTRATION INFORMATION:

- Visit <https://navairu.navair.navy.mil>.
- Click on the "Classes" tab located on the top menu bar.
- Enter "CISL-WKP-0100" in the "Search" field and click on the blue "Search" button.
- Click on "Register" in the Register column for the session you would like to attend.
- Click on the "Yes" button to enroll in the seminar.